

FOODWELL

BOTTOMLESS BRUNCH
DETOX £20 | RETOX £35

01 CHOOSE A HEALTH SHOT

HARD GREENS

Kale, Parsley, Lime, Celery & Ginger

SUNRISE

Carrot, Golden Beets, Turmeric, Chilli, Lemon & Orange

PURPLE RAIN

Beetroot, Acai, Lemon & Ginger

GREEN NECTAR

Apple, Fennel, Mint, Spinach, Aloe Vera & Lime

INDIGO

Pomegranate, Black Carrot, Strawberries, Raspberries & Blueberries

02 CHOOSE A SMALL PLATE

GOLDEN SPICED MILK PORRIDGE

Almond Milk Porridge infused with Turmeric, Cardamom & warm Aromat spices **VB** **N** **GF**

CARAMEL MISO GRANOLA BOWL

Fermented Blueberry & Vanilla with Coconut Yoghurt, Freeze Dried Berries & Miso Caramel Granola **VB** **N** **GF**

MANGO & COCONUT CHIA PUDDING

Coconut Milk soaked Chia, with Passion Fruit, Pineapple, Mango Salsa, Lime Leaf & toasted Coconut **VB** **GF**

RICOTTA HOT CAKES

Sweet: Fluffy Ricotta Hot Cakes with Caramelised Banana, Maple, Blueberries & Freeze-Dried Berries **V**

Savoury: Stacked Hot Cakes, with Crispy Bacon, Maple, Apple Crunch & Peanut Butter **N**

03 CHOOSE A LARGE PLATE

AUSSIE BEACH BREAKFAST

Crispy Bacon, Poached Egg, Lime & Chilli Avocado, slow roasted Tomato, Spinach & Halloumi **GF**

FOODWELL PLANNT BREAKFAST

Turmeric Tofu Scramble, mixed Mushrooms, sliced Avocado, slow roasted Tomato, Sweet Potato Hash, Beetroot Black Pudding & wilted Spinach **VB**

STEAK & EGGS

Flat Iron Steak, Scrambled Eggs, slow roasted Tomato, wilted Spinach & Korean Spiced Ketchup **GF**

SAUSAGE & EGG BREAKFAST MUFFIN

Cumberland Sausage Pattie on Superfood Brioche, Organic Folded Eggs, Grilled Cheese, Crispy Onion & Korean Spiced Ketchup

04 CHOOSE YOUR DETOX

GARDEN

Kale, Parsley, Lime, Celery, Ginger & Cucumber

ORANGERY

Carrot, Golden Beets, Turmeric, Chilli, Lemon & Orange

HYDRANT

Beetroot, Acai, Lemon, Ginger & Coconut Water

SWEET GREENS

Apple, Fennel, Mint, Spinach, Aloe Vera & Lime

MYST

Pomegranate, Black Carrot, Strawberries, Raspberries, Blueberries, Pineapple & Lime

OR CHOOSE YOUR RETOX

BLOODY MARY

Pick your spirit: Ketel One, Tanqueray, El Jimador, Mezcal

Pick your juice: tomato, beetroot, carrot

Spice your own with our Mary maker kit.

PROSECCO OR ESTRELLA BEER

ROSE & GOJI MIMOSA

Rose Gin with Goji Liquor

LAVENDER & BUTTERFLY PEA MIMOSA

Lavendar Syrup with Butterfly Pea Vodka

LYCHEE & ELDERFLOWER MIMOSA

Lychee Juice with Elderflower Liquor

AVAILABLE 10:00-14:00 | UP TO 6 GUESTS | 2 HOURS

Vegetarian **V** Vegan **VB** Contains nuts **N** Gluten free **GF**

Please make your server aware of any allergies or intolerances